

# Mayflower Congregational Church



2901 W. Mt. Hope, Lansing, MI 48911  
Telephone and Fax: 517/484-3139

Website: [www.mayflowerchurch.com](http://www.mayflowerchurch.com)  
Email: [info@mayflowerchurch.com](mailto:info@mayflowerchurch.com)



**Dr. Rick Martin**  
Pastor

---

---

# February

## BIRTHDAYS

- 2/1 - Nancy McKay
- 2/9 - Lisa Jones
- 2/16 - Mark Holmes
- 2/21 - Dick McKay

## ANNIVERSARY

- 2/18 - Janet Hershey and Bob Felter

**HEAD USHER**  
Lois Ries

**OUTREACH FOCUS**  
Missions



## Living With Inner Peace

I just finished preaching a series about Inner Peace. It was a kind of “How to Obtain and Maintain” series. It is difficult to arrive and stay at *“the peace of God which transcends understanding”* when we live in a world of war, turmoil, and disasters. In Michigan, we also have Seasonal Affective Disorder due to the lack of sunshine. Want to experience less depression and have more inner peace? DO this:

- 1) When (if) the sun shines, get in it. Yes, it is cold but a few minutes make a big difference. Take a walk, do outdoor chores, go stand in the parking lot.
- 2) Rejoice in the Lord.
- 3) Exude gentleness.
- 4) Replace worry with prayer and thanksgiving.
- 5) Control your thinking.

“And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:7

On a separate note, Jesus is moving at Mayflower Church. The Christmas Eve service is still inspiring me. Not only was it a great service, but attendance – wow! Why so many more than the last several years? Among other reasons, several people actively invited people by **personal invitation**, by **social media**, by **direct mailing** (wonderful postcard!) and **advertising**. Direct mailing and advertising we normally do, so maybe the **personal invitation** and **social media** really attracted people. Let’s keep that up, even for our regular services. What do you think?

2016 is going to be a good year for Mayflower Church. Get here. Get involved. Get blessed.

“For I know the plans I have for you,” says the Lord, “plans for well-being and not for trouble, to give you a future and a hope.” Jeremiah 29:11

— Dr. Rick Martin, Pastor

## Lay Leader's Message

As the song states, "Baby, it's cold outside." The cold came as it does every year. It's just another attribute of living in the great state of Michigan. In the winter when it snows, it looks beautiful, it's quiet and it's peaceful. We need this peace in our lives to keep us on an even keel. It gives us time to think, pray, count our blessings, de-stress, organize our lives, maybe even read a book or put together a puzzle before things get hectic again.

This can be done in a warmer climate while on vacation as well as in cold Michigan. As you have heard, my sister-in-law, Gloria, and I are going to Mesquite, Nevada, for a month to visit nearby family and to relax and rest in warmer weather. When I get back, I am looking forward to the challenges of my new position as Lay Leader. See you all in March!

—Ann McClelland, Lay Leader



### On Aging

- By the time you're rich enough to sleep late, you're so old that you always wake up early.
- Anyone who revels in the recollections of being a barefoot boy, has forgotten about gravel roads.
- The problem with getting old is that nothing is unforgettable.
- Life has gone full circle when you once again have to worry about a driver license exam.
- Among the most common signs of old age are white hair, wrinkles and a house that is paid for.

## Music Notes

Believe it or not, the first Sunday of Lent is February 14 this year. How can that be, you ask? Weren't we just celebrating the birth of Christ and now we move into the season of reflection, the time when we think about the sacrifices he made for us, including his death?

I am not the first person to note that with joy comes sorrow, and as you sing the hymns of Lent, if you pay close attention, you will find both joy and sorrow written in them. A beautiful example of this phenomenon is the American folk hymn, "What Wondrous Love Is This?"

Apparently, folk hymns were not written down but typically had key phrases repeated often throughout the hymn which lent themselves to being remembered easily. If you look at the words in "What Wondrous Love Is This," you will see this with the use of such phrases as "O my soul" and "I'll Sing On."

This hymn was first published in 1835 in a collection of hymns called *William Walker's Southern Harmony*. Not only is the music absolutely beautiful, but the words are profound.

*What wondrous love is this, O my soul, O my soul! What wondrous love is this that caused the Lord of bliss to bear the dreadful curse for my soul, for my soul.*

*When I was sinking down, sinking down; when I was sinking down beneath God's righteous frown, Christ laid aside His crown for my soul.*

*To God and to the Lamb I will sing, I will sing; to God and to the Lamb who is the great "I Am," while millions join the theme, I will sing.*

*And when from death I'm free, I'll sing on, I'll sing on; and when from death I'm free, I'll sing and joyful be, and through eternity I'll sing on.*

You can find the Lenten hymns we sing in our Pilgrim Hymnal under the subtitle "Passion and Cross." They begin with #154 – "O Thou Who Through This Holy Week" and end with #179 – "Were You There?" Treat yourself this Lenten season to the study of these sorrowful and yet joyful pieces of music. I guarantee you will get much out of it.

— Barb Fuller, Music Director



## Mayflower Financial News

Our Second Saturday Suppers continue to be a success each month with about 100 being served in January. Our Christmas Eve Service was well attended with 88 present. \$447 was received for the Salvation Army.

A brief summary of our finances as of December 31, 2015:

Income:	\$ 7,361.30
Expenses:	<u>8,313.49</u>
	- \$ 952.19

### YTD for Twelve Months:

Income:	\$102,734.94
Expenses:	<u>89,179.01</u>
	\$ 13,555.93

### Fund Balances:

Checking:	\$ 14,841.54
Bequest Funds Savings:	19,014.39
Memorial Fund CD:	5,497.26
CD Savings:	<u>22,311.76</u>
	\$ 61,664.95

A more detailed report is available in the brochure rack near the office lobby entrance door.

— Linda Wheeler, Treasurer



### **February 27 - Italian Dinner Fundraiser**

Mark your calendar now for the teens' fundraiser for the Mayflower Heat project. Details to be announced.

## Outreach for February

This month, I am delighted to use this space to discuss our outreach program for February. As you may know, while our family was in Chicago, we were able to stay at the Ronald McDonald House in Hyde Park. I had no idea how much work these Houses do around the nation. The House we stayed at could serve 50 families, and a far larger House was available near the Children's Hospital of Chicago. Altogether, there were five house serving the metro Chicago area. Once a child is eligible to stay at a House, their family can continue to use the service for life, which is very valuable for chronically ill patients who often require treatment long after they age out of child status.

The Houses provide not only a place to stay, but they provide food, toiletries, and anything else a family in need might require. For the month of February, we will be collecting goods needed to continue to run the House. I am also making contact with the local House, near Sparrow Hospital, to arrange to provide a meal for the families. Maggie and I will be discussing our experience and providing more information during the worship service on February 7.

Here are some of the items the Houses always need:

- Ziploc bags in all sizes
- Sample-size toiletries (shampoo, conditioner, soap, toothbrushes, toothpaste)
- Individual wrapped toilet paper rolls
- Disposable razors
- Keurig-style coffee cups
- Paper towels
- Laundry detergent and dryer sheets
- Foil, plastic wrap, and wax paper
- Individual boxes of cereal



As always, your support and love are an inspiration every day.

— Liz Canfield, Christian Ed. Director

## March 19 - Corned Beef and Cabbage Dinner

Cost for the dinner is \$12; children under 10, \$6. Dinner starts at 5:30 p.m. Cozette is taking reservations now.

### Thrift Sale

Another thrift sale to benefit the church treasury is coming, probably April 29 and 30. Please start your spring cleaning early and check around your house to find good, saleable things that you have but don't really need any more. Remember, too, to invite friends, family, coworkers, etc., to donate items. We'll be glad to have them!

Plan to hold your stuff for now and we'll announce when you can bring it to the church.

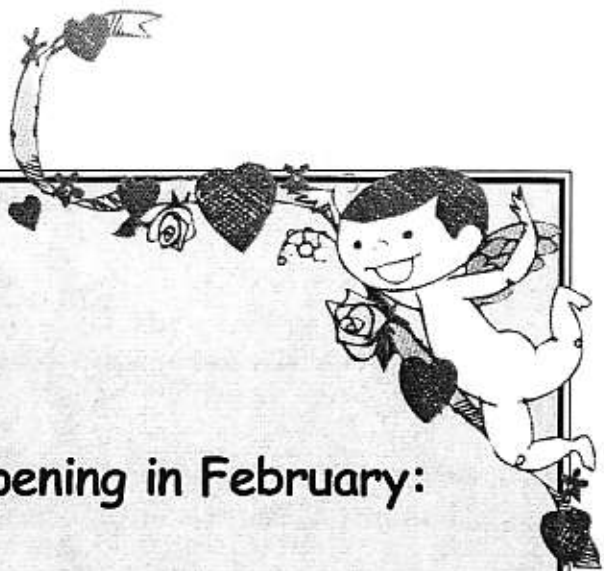
We need a lot of help to set up, run the sale, and clean up after the sale, so please plan to help. Set up dates and times will be announced as soon as the dates are definite. Thanks, everyone!



### **Please remember that ...**

Mayflower Heat asks for your contribution, large or small, to the fund for buying a new furnace when that time comes.





## **What's happening in February:**

- Feb. 10     Ash Wednesday**
- Feb. 13     Second Saturday Supper**
- Feb. 15     Deadline for Mayflower Notes**
- Feb. 15     President's Day - office open**
- Feb. 16     Trustees Meeting - 10:30 a.m.**
- Feb. 21     Prudential Council - Noon**
- Feb. 27     Italian Dinner Fundraiser - TBA**



JANUARY  
 S M T W T F S  
 1 2  
 3 4 5 6 7 8 9  
 10 11 12 13 14 15 16  
 17 18 19 20 21 22 23  
 24 25 26 27 28 29 30  
 31



# FEBRUARY 2016

MARCH  
 S M T W T F S  
 1 2 3 4 5  
 6 7 8 9 10 11 12  
 13 14 15 16 17 18 19  
 20 21 22 23 24 25 26  
 27 28 29 30 31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10 Ash Wednesday	11 Choir 5:30	12	13 Second Saturday Supper 5:00 pm
14 Valentines Day	15 Mayflower Notes Deadline President's Day	16 Trustees Meeting 10:30	17	18 Choir 5:30	19	20
21 Prudential Council - noon	22	23	24	25 Choir 5:30	26	27
28	29					

