

# Mayflower Congregational Church



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**Rev. Mark McCormick**  
Pastor

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## It's happening at Mayflower in October...

- 10/2 Women's Bible Study -  
10:00 a.m. (weekly)
- 10/5 Fall Work Day 9- 12
- 10/6 World-wide Communion  
Christian Education Hour - noon
- 10/12 Second Saturday Supper -  
5:00 p.m.
- 10/13 Trustees Meeting - Noon  
CROP Walk  
Christian Education Hour- noon
- 10/15 Deadline for October Mayflower  
Notes
- 10/27 Consecration Sunday  
Prudential Council - after lunch
- 10/28 -10/31 Thrift Sale Set-up 10 \* 12



## *Pastor Mark's Musings*

Greetings Mayflower family!

My father always reminded me and our family of how light changes according to the seasons. I remember him telling us that the amount of light we lose begins to accelerate in the late summer and Fall. The bad news? October, this month, is the month when we lose the most light of any month of the year. How much will we lose? A grand total of 1 hour and 23 minutes! That amounts to almost 3 minutes per day. Wow! That sounds a little depressing, especially when we think of the cold winter months ahead. Psychologists have documented the negative effects of light deprivation. In the far north, this phenomena is much worse where the most northerly community in all of the US goes almost 3 months when the sun does not rise above the horizon! Oh my! In many communities in Alaska light therapy is a thriving business! The problem, lack of daylight, is recognized by the possibility of a gloomy outlook on life which can lead to detrimental, even deadly effects.

Consider a common, but important remedy. Our schedule at Mayflower, as it does for many churches, increases in the Fall. The Chancel Choir is singing every Sunday. You will soon begin to hear The Mayflower Ringers, our handbell choir that has gained two new members this year. We are already looking forward to Advent and Christmas, with much anticipation for a most exciting time of the year for all, especially for Christians. And we are adding Christian Education opportunities following our worship services, and a new Men's Fellowship is forming. All these, and other regular activities of the church are for our inspiration and stimulation, as well as for Light therapy, which we all need, especially at this time of year. In the opening chapter of the gospel of John we read these words, "In Him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it."

Pastor Mark



*Mayflower*  
*Congregational Chur*

*From the Lay Leader*

So, today I spent most of the morning at Sparrow Urgent Care with my girlfriend from Florida. Turns out she pulled/strained a muscle in her leg. But, she's the friend who had critical injuries in an accident 3 years ago, so we were concerned about her. In the meantime, I was finally inspired to write my news-letter piece. So, here it is:

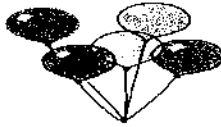
I spent the past weekend visiting my home town, Midland, MI. The occasion for this visit was my 55th high school reunion. I know - I must have been 5 years old when I graduated!!! My class had 600 who graduated, so there are many from my class that I didn't know. It was a challenge to find the ones I did know. There were 6 or 7 people that I recognized immediately - some I knew the name, others I just recognized the face. We spent a lot of time at first, going around the room looking at nametags when the face wasn't familiar. My friend's husband finally just put on a nametag that said "spouse"!

Once we found friends we remember being friends with (!!), we asked the usual "Where are you located now?" or "How many grandchildren do you have?", and then promptly forgot their answers! But, it was good to share memories of some of the highlights of our high school years.

I went to this reunion because 5 of my best high school friends were going to be there from all over the USA. At the reunion 5 years ago, 2 of these friends could not be there because their husbands were both awaiting organ transplants - one needed a lung, the other a heart. It was an absolute blessing and miracle that they were both in attendance at this reunion, and doing well with their new body parts. Many of you answered the call for prayers back when they were on our prayer list here at Mayflower. They believe the power of prayer has brought them to where they are today. Praise the Lord for his healing powers!

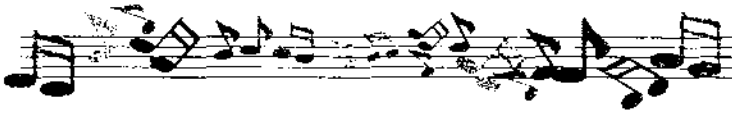
Another reason for my visit to Midland, was to attend a memorial service for the mother of one of my best friends. She was "another mother" to me and I spent many hours in her home. The service was held at the church where I grew up and learned to love Jesus. I went through a gamut of emotions that afternoon, as we shared memories of her mom and I remembered so much more. God is good!

**Happy  
Birthd**



It's Saralu's 100<sup>th</sup> Birthday Celebration!

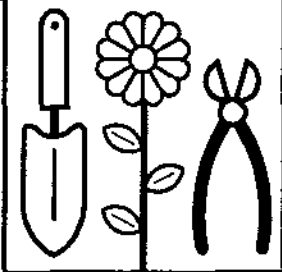
Please join us on Saturday, October 26<sup>th</sup> in Fellowship Hall here at Mayflower for a birthday open house from 10:00 a.m. – noon to celebrate Saralu's 100<sup>th</sup> birthday right on her birthday! The morning promises to be full of fun and a few surprises. Please, no gifts. Your presence will be her present.



*Happy Birthday to You...*

### Fall Outdoor Clean-up Day

Fall Clean-up will take place on October 5th from 9am until noon. We will need all able bodied folks to help. If you cannot make it on that day there is a sign-up sheet on the board for individual tasks you may want to do.



## Music Notes from Barb Fuller

On this October 26<sup>th</sup>, my mom will turn 100 years old. She continues to claim she can't take credit for it because she can hardly believe it herself. A person could chalk up reaching that age to what my dad used to call "good clean living," and I think in part it does have to do with practicing a healthy lifestyle, but I believe there are several other ways my mom has lived that may have contributed to her longevity.

First of all, I have observed that my mom was at her best when she served others, whether it was giving my grandmas permanents, delivering Meals on Wheels, serving as PTA president, volunteering at Sparrow Hospital, looking after her children and husband, or befriending folks who were in need. That list could go on and on.

Second of all, my mom has lived a life of gratitude, especially as she has gotten older. As a youngster growing up during the depression she and her siblings had to use cardboard inserts to plug up the holes in the soles of their shoes, but because of it, she and my dad were examples of how to live by the motto, "It's not how much you earn but how much you spend." As my parents aged, they lived comfortably which is a condition my mother still marvels at and continues to be grateful for. She also delights at what a wonderful family she thinks she has and is always thankful for their visits.

Finally, I believe that my mom's deep love of music, and especially sacred music, has helped with her longevity. She grew up in a hymn-singing family and as a young adult took voice lessons from my father's mother. She sang in church choirs most of her adult life, and enjoyed singing for Musical Matinees here at Mayflower. She took her job as a homemaker seriously, but I remember the occasional break she would take from those responsibilities to sit at the piano and sing as she accompanied herself. She took my sisters, brother, and me to church every week, and she and my father insisted we participate in the youth choirs at Plymouth Congregational Church. My parents' love of music was passed down to us, and I know that without that influence I would have never been the church musician I am today.

Thank you, Mom, for providing me with an example of a woman who has been compassionate, grateful, and has lived with music in her soul. Because of you I am who I am. Here's to another hundred years!

## Thrift Sale

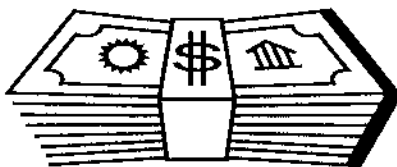


Our thrift sale to benefit the church treasury is coming on Nov. 1 (9 to 6) and Nov. 2 (9 to 3, with bag time all day). Please check around your house to find good, saleable items that you don't need or want. Please have items clean and in working order or they don't sell well. Sometimes we have to throw things away--which we hate to do! If it's truly trash, just toss it out yourself. Kitchen items, jewelry, linens, books, clothes, and children's items are good sellers. Remember, too, to invite friends, family, co-workers, etc., to donate items. We'd love to have them! Finally, be sure to come to shop yourself. You may find some treasures!

Please hold your stuff and bring it after the Consecration Lunch on Oct. 27. We will also need a lot of help (both men and women!) to set up, run the sale, and clean up after the sale, so please mark your calendars now for that week. Set up will be 10-Noon (or so) on Monday-Thursday (Oct. 28-31). Clean-up will be Monday, Nov. 4, from 10 a.m. to whenever we are done (Noon-ish). See Lorraine or Sue to volunteer to help.

Regular-size paper grocery bags are always needed for the bag sale time. We can also use reusable fabric grocery bags to help people collect their purchases easily. Bring them in at any time. Thanks!





## Mayflower Financial News

Our September Second Saturday Supper was well attended, which resulted in proceeds of \$792. We hope for a near sell-out in October. Plan now to come, eat, and work at the suppers all year!

The information below reflects a good summer we have had financially. As always, the church greatly appreciates your support.

The following is a summary of our finances as of August 31:

Income:	\$ 7,569.92
Expenses:	<u>6,583.92</u>
	\$ 986.00

### YTD for Eight Months:

Income:	\$ 66,434.37
Expenses:	<u>58,754.55</u>
	\$ 7,679.82

### Fund Balances:

Checking:	\$ 9,398.27
Savings:	54,551.34
Heat Fund Savings:	20,851.47
Savings CD:	<u>22,468.57</u>
	\$107,269.65

A very detailed financial report is available in the brochure rack near the church office. See me if you have any questions.

— Linda Wheeler, Treasurer





# October

## **BIRTHDAYS**

- 10/2 - Lockie Champlin
- 10/3 - Justin Stephens
- 10/14 - Marsha Hacker
- 10/19 - Laura Anderson Keeney (97)
- 10/23 - Lynda Riley
- 10/24 - Dorothy King (90)
- 10/25 - Nancy Wells
- 10/26 - Saralu Chamberlain (100!)
- 10/28 - Tom Hacker



## **ANNIVERSARIES**

- 10/1 - Mark and DeeAnn McCormick (8 years)
- 10/4 - Tom and Barb Rich (39 years)
- 10/23 - Kim and Lorraine Finison (26 years)

## **HEAD USHER -**

Candy Bywater

## **OUTREACH.**

Crop Walk/ Hurricane Relief

# October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Women's Bible Study 10 a.m.	Handbells 4 p.m. Choir 5:30 p.m.		Fall Work Day 9 - noon
World-wide Communion Christian Education Hour noon	7	8	9 Women's Bible Study 10 a.m.	Handbells 4 p.m. Choir 5:30 p.m.	11	Second Saturday Supper 5 p.m.
Trustees noon CROP Walk	13	14	15 Women's Bible Study 10 a.m.	Handbells 4 p.m. Choir 5:30 p.m.	18	
		Notes deadline				
Christian Education Hour - noon	20	21	22	23 Handbells 4 p.m. Choir 5:30 p.m.	26	
Consecration Sunday Prudential Council - noon	27	28	29 Women's Bible Study 10 a.m.	Handbells 4 p.m. Choir 5:30 p.m.		
	Thrift Sale Set- up 10 - noon	Thrift Sale set- up 10 - noon	30 Women's Bible Study 10 a.m. Thrift Sale set- up 10 - noon	31 Handbells 4 p.m. Choir 5:30 p.m.		